

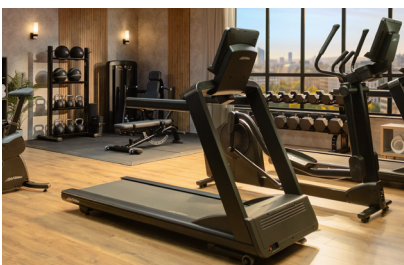
Essential cardio. Designed to fit Hospitality and Residential

A T M O S

T R E A D M I L L

ESSENTIAL PERFORMANCE, DESIGNED TO FIT YOUR SPACE.

Smooth, powerful and reliable, the Atmos Treadmill delivers the trusted Life Fitness running experience in a compact, modern form. Designed to seamlessly fit into modern spaces where quality and space matter equally and engineered for consistent performance.



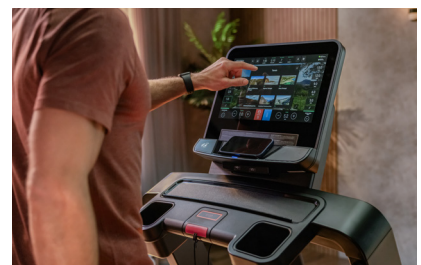
SMOOTH, CONFIDENT DRIVE SYSTEM

A refined AC motor delivers consistent, responsive performance for walkers and runners alike. Designed for daily use, it provides a smooth, controlled feel that enhances every workout experience.



FLEXDECK SHOCK ABSORPTION

The signature Life Fitness cushioning system reduces impact and brings a premium running experience to hospitality and residential spaces. It helps users feel comfortable, supported, and confident from the first step.



CONNECTED CONSOLE CHOICE

Choose between an intuitive LED console or an immersive SE4 16" touchscreen experience. Both options offer simple navigation and seamless compatibility with Life Fitness digital tools.

ATMOS TREADMILL



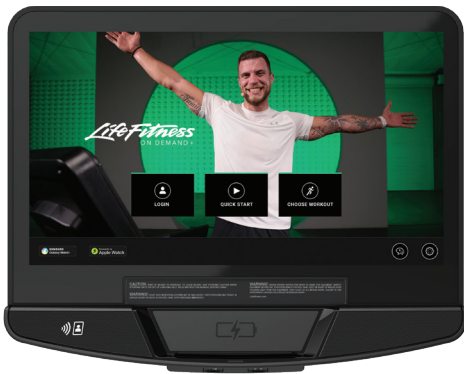
LifeFitness

ATMOS TREADMILL

SMART CONSOLES, SIMPLIFIED CHOICES.

Choose the console experience that best complements your space. The SE4 16" touchscreen console brings immersive visuals and engaging content to your fitness environment, while the SL LED console provides a straightforward, universally familiar interface.

Both consoles are designed with the same refined aesthetic and dependable performance, ensuring Atmos fits effortlessly into any hospitality or residential setting.



SE4 16" CONSOLE



SL CONSOLE

PRODUCT SPECIFICATIONS

BASE FEATURES

FlexDeck® Shock Absorption System (8 lifespring shock absorbers)	•
Speed range	0-12 mph
Rollers 2.5" (6.35 cm) precision crowned steel rollers, front and back	•
Incline	0-15%
Motor System 4-HP AC Continuous Duty (8-HP Peak Duty) Motor	•
Side handrails	24" (61 cm)
Water bottle holders	2
Integrated accessory tray	•
Mechanical stop button	•
E-Stop lanyard	•

FRAME

Front wheels for easy mobility	•
Adjustment levers for product stability	•
Color	Smooth Charcoal

TECHNICAL SPECIFICATIONS

Running surface	22 x 60" (56 x 152 cm)
Step-up height	7.5" (19 cm)
Max user weight	400 lbs (181 kg)
Length	82" (208.3 cm)
Width	32" (81 cm)
Height	60.8" (155 cm) with SL 61.4" (156 cm) with SE4
Weight	370 lbs (168 kg)

POWER REQUIREMENTS

All treadmills require a dedicated electrical circuit with line, neutral, and ground, and a single dedicated circuit breaker per unit.	•
120V, 20A or 230V, 10A (varies by country) outlets are required in most regions; Japan 100V, 20A or 200V, 10A outlets.	Consult the assembly manual for details

WARRANTY

Parts and labor	3 Years
Specialized: Does not cover Health Clubs nor any dues-paying facilities. Speak to our sales representatives for details.	•

PRODUCT MODEL/SKUS

SL Console	MRT-SL
SE4 16" Console	MRT-SE4

lifefitness.com

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