

Essential cardio. Designed to fit Hospitality and Residential

ATMOS

RECUMBENT BIKE

ESSENTIAL SEATED COMFORT, DESIGNED FOR EFFORTLESS ACCESSIBILITY.

Supportive, quiet and easy to approach, the Atmos Recumbent Bike offers a low-impact, reclined cycling experience ideal for hospitality and residential environments.

The wide step-through design and stable back support make it welcoming for anyone seeking a gentler workout option.



INCLUSIVE, EASY-ACCESS DESIGN

A step-through frame and supportive seat invite users of all abilities to participate. It's a welcoming option for exercisers who prefer added comfort and stability.



SMOOTH, CONTROLLED RESISTANCE

The recumbent bike delivers steady, predictable transitions between resistance levels. This allows users to focus on their movement, not the machine.



QUIET, COMFORTABLE OPERATION

The reclined riding position and ergonomic support promote a relaxed, confident workout. Its quiet performance helps maintain a calm, inviting fitness environment.

ATMOS RECUMBENT BIKE



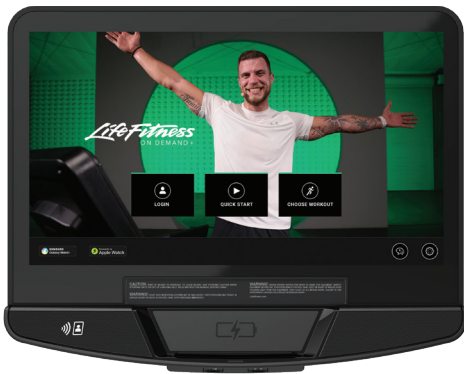
Life Fitness

ATMOS RECUMBENT BIKE

SMART CONSOLES, SIMPLIFIED CHOICES.

Choose the console experience that best complements your space. The SE4 16" touchscreen console brings immersive visuals and engaging content to your fitness environment, while the SL LED console provides a straightforward, universally familiar interface.

Both consoles are designed with the same refined aesthetic and dependable performance, ensuring Atmos fits effortlessly into any hospitality or residential setting.



SE4 16" CONSOLE



SL CONSOLE

PRODUCT SPECIFICATIONS

BASE FEATURES

Step-through design	•
Front assist handle for easy entry and exit	•
Seat site handlebars	•
Easy adjust pedal straps	•
Angled seat carriage design with lever adjustment	•
Resistance level	0-25
Generator/Electromagnetic brake	•
Water bottle holder	1
Integrated accessory tray	•

FRAME

Adjustment levers for product stability	•
Color	Smooth Charcoal

TECHNICAL SPECIFICATIONS

Max user weight	400 lbs (181 kg)
Length	66.5" (169 cm)
Width	27" (69 cm)
Height	53" (135 cm)
Unit weight	172.8 lbs (78.3 kg)

POWER REQUIREMENTS

Self-powered	SL console only
Auto Start: Brings power to console when user begins pedaling.	•
120V, 20A or 230V, 10A circuit (Japan 100V, 20A or 200V, 10A) outlet required for operation. Specific number of units per circuit can be found in the operations manual. Power requirements may vary per country.	•

WARRANTY

Parts and labor	3 Years
Specialized: Does not cover Health Clubs nor any dues-paying facilities. Speak to our sales representatives for details.	•

PRODUCT MODEL/SKUS

SL Console	MRR-SL
SE4 16" Console	MRR-SE4